



EDUCATION & TECHNOLOGY

SOCIAL MEDIA CONCERNS

53% of parents are concerned that social media may negatively impact their children's mental health.



PRESSURE TO KEEP UP WITH TECHNOLOGY

59% of parents report stress related to keeping up with digital trends in children's education.



LIMITED ACCESS TO EDUCATIONAL TOOLS

Around **23.9%** of parents experience mental health issues, impacting their parenting and family well-being.

IMPACT OF SCREEN TIME

Over **60% of parents** are concerned about the effects of excessive screen time on their children.

NEED FOR DIGITAL LITERACY

Parents acknowledge the need to understand digital safety but often lack the knowledge.



CONCERNS ABOUT ONLINE BULLYING

Over **50%** of parents worry about **cyberbullying** impacting their children's well-being.

Sources:
Parents Under Pressure: Supporting the Mental Health of Families – U.S. Department of Health and Human Services, 2023. Available at [hhs.gov](https://www.hhs.gov)

For more information go to parentstepahead.org

FINANCIAL BURDEN OF EDUCATIONAL TECH

35% of parents worry about the cost of technology necessary for their children's learning.



CONCERNS OVER PRIVACY

Parents express concerns about online privacy and security for their children in digital spaces.

DESIRE FOR TECHNOLOGY GUIDANCE

Parents want more resources and guidance on how to balance technology use for educational purposes.

DIFFICULTY NAVIGATING ONLINE RESOURCES

45% of parents report challenges in finding reliable educational resources online.

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